

Project SIGA (Seniors in Green Action)

Home Herbal Pharmacy pilot program implementation



Project objectives

The goal of the SIGA project (project no.: 2023-1-HR01-KA220-ADU-000156656) is to develop an educational program for the elderly on the use of medicinal wild plants with an emphasis on the preservation of wild plant habitats. Through the developed program, people over the age of 54 will gain knowledge on how to properly collect medicinal wild plants and how to make herbal preparations from them to preserve health and prevent disease. People over the age of 54 will have the opportunity to actively contribute to their local communities by spending quality time in nature, learning and mastering new skills and raising environmental awareness while taking care of their own health.

Project development



The project partners developed the Home Herbal Pharmacy program, which is adapted to the context of each partner's country, and includes theoretical classes, field classes (excursions to nature, organized education and demonstration of the proper collection of wild medicinal plants while caring for plant habitats and encouraging ecological awareness) as well as practical classes (making preparations from previously collected medicinal wild plants).



Co-funded by
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Pilot program implementation

The Home Herbal Pharmacy program will be piloted in all partner countries: Croatia, Italy, Latvia, Spain and Cyprus. The designed program for people over 54, through piloting, will offer participants a unique combination of theory and practice. A total of 60 participants in the countries of the project partners (12 participants per partner) will learn about medicinal wild plants and participate in guided outdoor education in order to responsibly collect wild medicinal plants and gain practical experience in making medicinal preparations.

The project coordinator was the first to carry out the piloting of the developed program for 12 participants and will conduct the piloting during June 2024. The implementation of theoretical classes is underway, followed by field and practical classes.

Thank you for following the implementation of the SIGA project!

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